

TALKING TO GOD

Matthew
6:5-15

You can talk to God anytime, anywhere, about anything. He's always listening!



BIBLE STUDY LESSON FOR KIDS

**“This, then, is how you should pray:
‘our father in heaven, hallowed be your name...’”**

HOW TO TALK TO GOD

Have you ever had something really exciting happen and you couldn't wait to tell someone about it? Or maybe you've felt sad or scared and just wanted someone to listen? That's what prayer is all about.

Jesus told His friends something really important:
God wants to hear from YOU. Not just grown-ups. Not just pastors. You.

In Matthew 6, Jesus explained that we don't have to use fancy words or pray in front of a crowd to get God's attention. God isn't impressed by how long we pray or how big our words are—He's listening to our hearts.

Then Jesus shared a special prayer, called the Lord's Prayer, to show us how to talk to God.

Talking to God Looks Like:

★ **Hi God, I'm nervous about school today.**

You can tell God when you feel scared or unsure. He cares about what's going on in your day.

★ **God, thank You for my baby sister.**

God loves hearing what you're thankful for—even the little things that make you smile!

★ **God, I'm sorry I yelled. Please help me do better.**

When we mess up, we can be honest with God. He always forgives and helps us grow.

★ **God, I don't know what to do. Can you help me?**

God wants to help you when you're confused or stuck. You can always ask for His wisdom.

Why Prayer Matters:

- Prayer helps you **feel close to God**
- Prayer is how we **grow our friendship with Jesus**
- Prayer reminds us that we're **never alone**
- Prayer is a place to **share your feelings, your dreams, and even your fears.**

DRAW YOUR PRAYER ACTIVITY

We made this special page just for YOU!

Sometimes it's easier to draw than it is to write. On the next page, you'll find four boxes that help you pray in your own way. You can use words, pictures, shapes, or even symbols to share your heart with God.

Here's what each box is for:

1. Thank You, God...

Think of something good in your life—like family, pets, fun times, or answered prayers—and thank God for it.

2. I'm Sorry, God...

If you made a mistake, said something unkind, or disobeyed, you can tell God. He's always ready to forgive.

3. Please Help me...

Need help with something? Feeling nervous, scared, or unsure? God is always ready to help when you ask.

4. I Love You Because...

What do you love about God? His love? His kindness? The way He made you? Let Him know!

One More Thing...

When you're done with your drawings or words, take a moment and say: **"Amen"** – which simply means "Let it be so" or "I agree."

And remember:

God loves hearing from you. You don't have to be perfect—you just have to be YOU.

DRAW OR WRITE YOUR PRAYER

Thank You, God...

Draw or write something
you're thankful for.

I'm Sorry, God...

Draw or write something
you want to say sorry for.

Please Help Me...

Draw or write something
you need help with.

I Love You Because...

Draw or write something
you love about God.

My prayer:

Now use what you've done above to write out your prayer.

When you're done, say 'Amen!' and remember: God loves hearing from you!

