

JESUS CALMS THE STORM

Matthew
8:23-27

Even when life feels scary, Jesus is in the boat with you. He is stronger than any storm.



BIBLE STUDY LESSON FOR KIDS

**Jesus is bigger than my storm,
and I can trust Him no matter what.**

JESUS CALMS THE STORM

Have you ever felt scared during a thunderstorm? Maybe the wind was howling, the sky got dark, and loud thunder made you want to cover your ears. That's a little bit like what happened to the disciples in this story. They were on a boat with Jesus when a big storm suddenly rolled in. The waves crashed, the wind blew hard, and water started to fill the boat. The disciples were afraid they were going to sink!

But guess what? Jesus was there the whole time. While the disciples panicked, Jesus was peacefully sleeping! They woke Him up and said "Lord, save us! We're going to drown!" And what did Jesus do? He stood up and told the storm to stop...and it did. Just like that, the wind stopped blowing and the sea became still and calm.

Jesus looked at His disciples and asked, "Why are you so afraid? Don't you trust me?"

Here's What We Can Learn:

★ **Jesus is Always With Us - Even When Life Feels Scary**

Just like the disciples, we can go through "storms" in life – things like getting sick, feeling left out, or being afraid of something. Even when we feel alone or worried, Jesus is right there with us. He never leaves.

★ **We Can Talk to Jesus When We're Scared**

The disciples went to Jesus when they were afraid - and we can too! You don't need fancy words or a big prayer. You can just say, "Jesus, I need You," and He hears you.

★ **Jesus Has Power Over Everything**

Wind, waves, sickness, fear – nothing is too big for Jesus. When we feel overwhelmed, we can remember that Jesus is stronger than any storm we face.

★ **Trust Means Believing He'll Take Care of Us**

Sometimes Jesus calms the storm outside of us – and sometimes He calms the storm inside of us. Either way, when we trust Him, He gives us peace.

How it works:

Kids will hear different real-life situations and decide:

- Is this a “storm” (something that makes them feel scared, worried or upset)?
- Or is this a “calm” (a peaceful, happy, or trusting moment)?

Then, they’ll come up with how they might invite Jesus into the “storm.”



STORM OR CALM?

You lost your favorite toy and can’t find it.

- Storm or Calm? What would you pray?

You’re singing with your family at church.

- Storm or Calm? How do you feel?

You got left out during recess.

- Storm or Calm? What could you remember about Jesus?

You’re snuggled in bed reading your Bible.

- Storm or Calm? What do you think God is saying to you?

Your friend says something unkind to you at school.

- Storm or Calm? How can you let Jesus calm your heart?

Your family is having a movie night, you’re all cuddled together on the couch.

- Storm or Calm? How is this a gift from God?

You make a mistake and feel embarrassed.

- Storm or Calm? Can Jesus help you feel better?



Tips for Leading:

- Let kids answer freely—there’s no wrong answer.
- Always guide back to the truth: Jesus is with you, and He brings peace.
- Encourage sharing personal “storms” in a safe, gentle way.
- Keep the activity going by coming up with your own prompts!

EVEN THE WINDS AND
WAVES OBEY HIM



MATTHEW 8:27