

## Part III

### Wilderness Mentalities

# The Mind of Christ

## Get Ready!

What have you been focusing your mind on lately? What differences have you observed in your life?

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Read 1 Corinthians 2:16

According to this scripture, why is it possible for us to think as Jesus did?

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Read Ezekiel 36:26, 27; Romans 8:6; Amos 3:3.

Why did God give us His Spirit—a new nature, a new heart and mind—with the New Birth?

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What is the result of following the mind of the flesh? What is the result of following the mind of the Spirit?

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What is the first thing we must do in order to flow in the mind of Christ?

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What type of outlook and attitude did Jesus display?

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The mind of Christ in us is positive; therefore, any time we get negative, we are

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What is the dictionary definition of the word “depress”? How does this word apply to us?

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We would make tremendous progress simply by learning how to discern life and death. If something is ministering death to you, don't do it any longer. When certain lines of thought fill you full of death (every kind of misery), you know immediately that it is not the mind of the spirit.

## Get Set!

Read Psalm 143:3-10.

What are the eight steps we can take to overcome depression?

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Which steps do you need to participate in more readily when negative thoughts fill your mind?

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Depression oppresses a person's spiritual freedom and power. Our spirit (empowered and encouraged by God's Spirit) is powerful and free. Therefore, Satan seeks to oppress its power and liberty by filling our minds with darkness and gloom. Please realize that it is vital to resist the feeling called "depression" immediately upon sensing it's arrival. The longer it is allowed to remain, the harder it becomes to resist.

Read 2 Corinthians 10:4-5; Isaiah 26:3.

Why does Satan use depression?

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Where do negative feelings come from?

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What is the second thing we must do in order to flow in the mind of Christ?

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Read Psalm 63:5, 6; 77:12, 119:15; 143:5; 17:15.

If you want to experience victory, what will need to be a regular part of your thought life?

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What is the advantage of fellowshiping with God early each morning?

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Read John 16:7; Matthew 28:20; Hebrews 13:5; 1 John 4:16.

Since God is always with us, how do we become conscious of His presence?

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What is the third thing we must do in order to flow in the mind of Christ

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Review 1 John 4:16 and read Romans 8:35, 37.

How can we experience God's love for us?

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What is the result of meditating on and confessing Romans 8:35, 37?

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## Go to Battle

Review Psalm 100:4.

What is a sign that a person is flowing in the mind of Christ?

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Read Hebrews 13:15; Psalm 34:1.

How can we be a blessing to the Lord?

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Why is expressing appreciation so beneficial?

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Read Ephesians 5:18-20; John 5:38.

How can we let the Holy Spirit ever fill and stimulate us?

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Read Mark 4:22.

Where does the power to do the Word of God come from?

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Based on what you learned in this chapter, what will you do more of to keep your mind like Christ's mind?

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## Remember

Think deliberately according to the Word of God.

*Enter into His gates with thanksgiving and a thank offering and into His courts with praise! Be thankful and say so to Him, bless and affectionately praise His name!*

(Psalm 100:4)